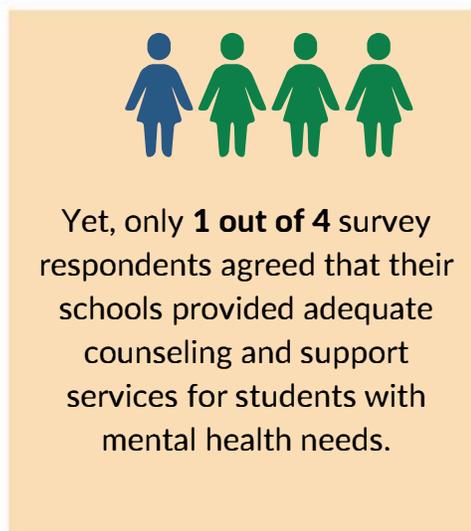
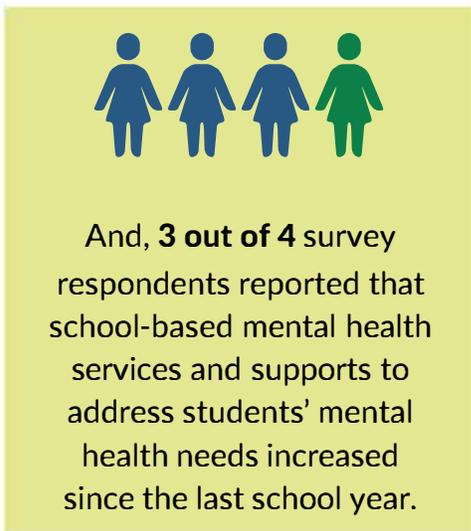
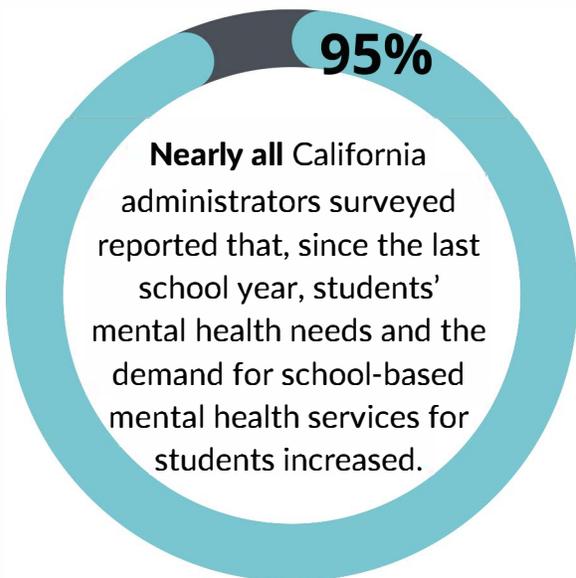
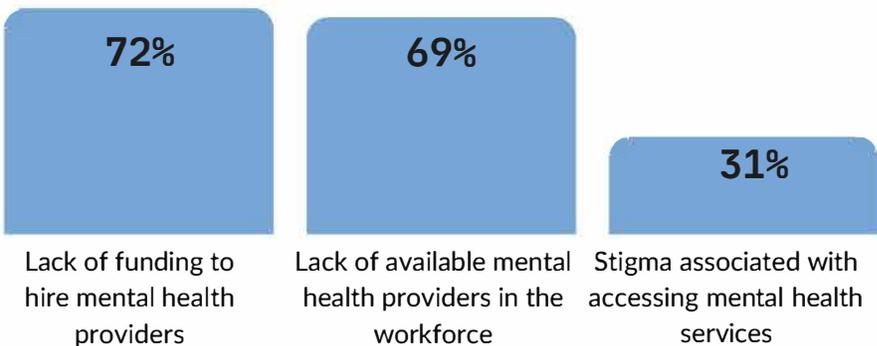


Research shows that a significant portion of youth nationally rely on the public school system to serve as their main provider of mental health services [1]. The COVID-19 pandemic had profound effects on youth mental health, which increased the role of schools to respond to these needs. This brief describes data on the mental health needs of secondary students and access to supports and resources in California from a cross-sectional survey administered to California school administrators during the 2021-22 school year [2].



% School Administrators Reporting Factor is a 'Significant' or 'Moderate' Barrier to School-Based Mental Health Service Provision



"When students are happy and self regulated, our staff feels better. They worry about our students mental health and it takes a toll on them. My teachers are constantly working with dis-regulated students and don't have the tools to provide therapy."

- School Administrators Survey Respondent

This brief was produced by the Project Cal-Well evaluators from the University of California, San Francisco, School Health Evaluation & Research Team (<https://schoolhealthresearch.ucsf.edu/>) for the California Department of Education (CDE) with funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) [Award #5H79SM061895]. The content is solely the responsibility of the authors and does not necessarily represent the official views of SAMHSA. For more information on CDE's Project Cal-Well Initiative visit: <https://www.cde.ca.gov/ls/mh/projectcalwell.asp>

[1] Merikangas KR, He JP, Burstein M, et al. Lifetime prevalence of mental disorders in U.S. adolescents: results from the National Comorbidity Survey Replication--Adolescent Supplement (NCS-A). *Journal of the American Academy of Child and Adolescent Psychiatry.* 2010;49(10):980-989
 [2] Statewide Principals Survey (n=1,347 school administrators). To access the full report, visit: <https://schoolhealthresearch.ucsf.edu/project-cal-well-evaluation>.

