



Oakland Unified School District's (OUSD) School Health Centers are part of the district's commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2022-23 school year.

IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.¹

During the 2022-23 school year:

7,481 clients made 32,702 visits across the 16 School Health Centers.

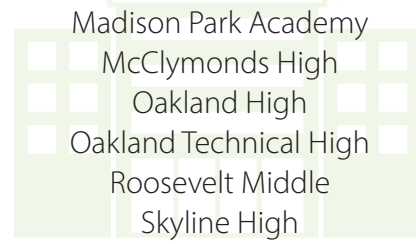
3 out of 5 students

returned for multiple School Health Center visits, demonstrating the value of integrated services.



School Health Center Locations

- Bret Harte Middle
- Castlemont High
- Coliseum College Prep Academy
- Elmhurst United Middle
- Fremont High
- Frick United Academy of Language
- La Escuelita / MetWest / Dewey Academy
- Madison Park Academy
- McClymonds High
- Oakland High
- Oakland Technical High
- Roosevelt Middle
- Skyline High
- United for Success / Life Academy
- Urban Promise Academy / Hawthorne
- West Oakland Middle



SERVICES OFFERED

Mental health counseling and case management

Medical condition diagnosis and treatment

Dental screening and treatment

Health education on nutrition, sexual health, and substance use prevention

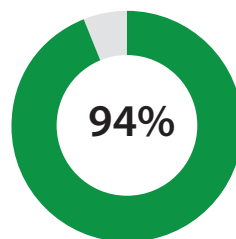
Youth development and leadership programs

IMPACT: ENHANCING ACADEMIC SUCCESS

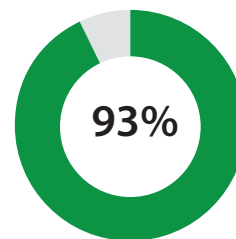
Studies have documented that healthy students have improved academic outcomes.^{2,3} **School Health Center services are designed to support the health and wellness of the school population and help eliminate barriers to academic success.**

School Health Center users were more likely than non-users to report they talked to a doctor, nurse, or counselor about how school is going in the past year (44% vs. 33%).

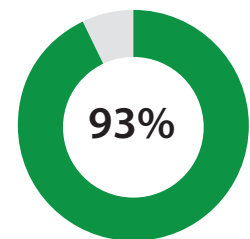
Nearly all clients agreed that the School Health Centers helped them:



Want to do better in school



Feel like they have an adult at school who cares about them



Have goals and plans for the future

"The health center really makes sure that we get our needs met and goes above and beyond to support us."

- School Health Center Client

NUMBER OF VISITS TO SCHOOL HEALTH CENTERS



16,773
MEDICAL
VISITS



12,046
BEHAVIORAL
HEALTH VISITS



3,883
DENTAL
VISITS

98% of clients were sent back to class after their School Health Center visits.

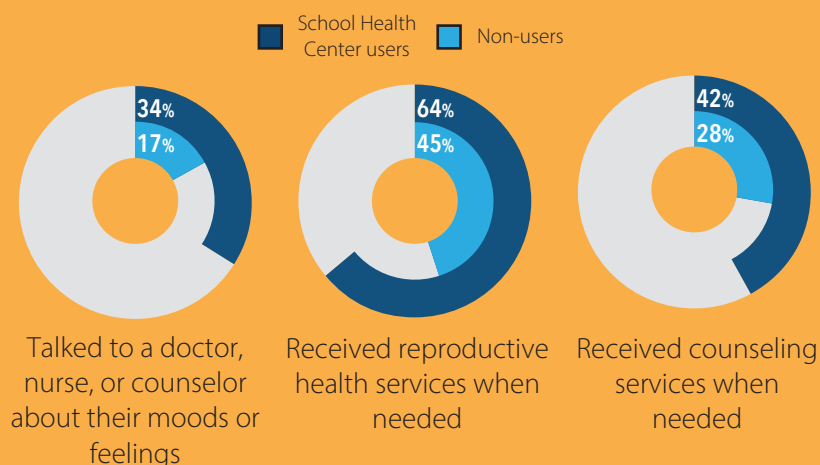
"Very supportive people. I would definitely recommend a friend to come here in need of help."
- School Health Center Client

NEARLY ALL CLIENTS AGREE THAT THE SCHOOL HEALTH CENTER...

- Helped them learn how to take better care of their health (97%)
- Encourages students to take care of their mental health (97%)
- Is a place they would tell a friend to go if they needed help (96%)
- Is easy to get help from when needed (96%)
- Helped them deal with anxiety/stress better (93%)
- Helped them get healthy food when their families didn't have enough (92%)
- Helped them get along better with friends or other people their age (92%)

IMPACT: INCREASING ACCESS

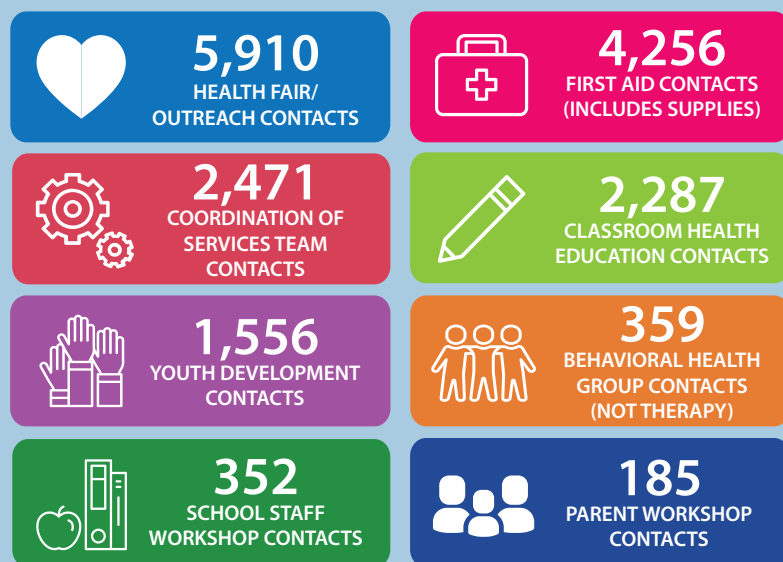
School Health Center users were more likely than non-users in the same schools to report receiving support in the past year.



Source: California Healthy Kids Survey (CHKS)

IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.⁴ The School Health Centers made the following school community contacts during the 2022-23 school year:



¹ Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

² Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health.* 2017;52(5):523-532.

³ Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

⁴ Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care.* 2012;42(6):132-158.