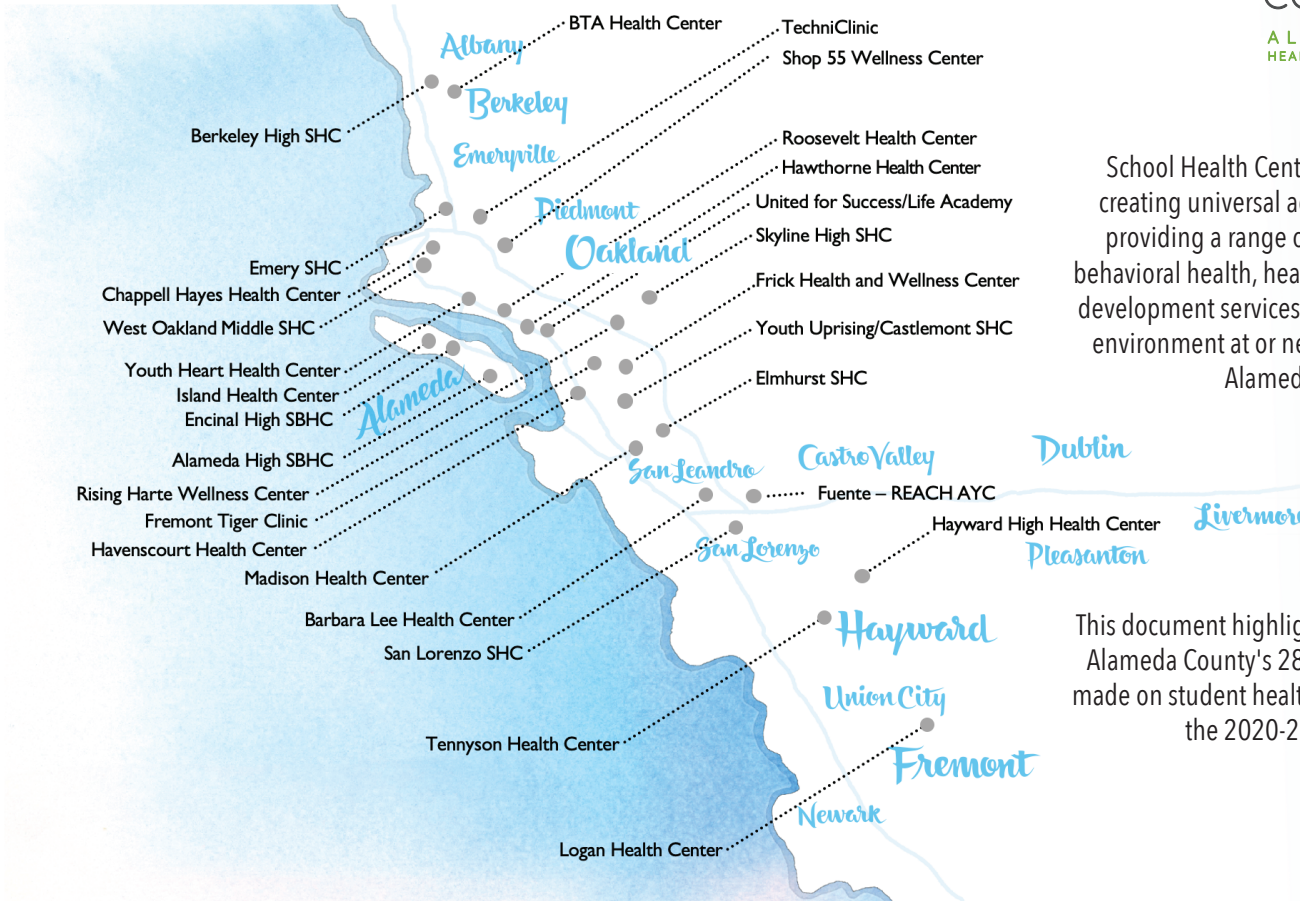
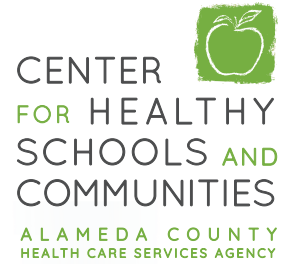


# ALAMEDA COUNTY SCHOOL HEALTH CENTERS

## 2020-21 SCHOOL YEAR BY THE NUMBERS



School Health Centers play a vital role in creating universal access to health care by providing a range of integrated medical, behavioral health, health education, and youth development services in a safe, youth-friendly environment at or near schools throughout Alameda County.

This document highlights the positive impacts Alameda County's 28 School Health Centers made on student health and well-being during the 2020-21 school year.



### SERVICES OFFERED

- Mental health counseling and case management
- Diagnosis and treatment of medical conditions
- Dental screening and treatment
- Health education on nutrition, sexual health, and substance use prevention
- Youth development and leadership programs

### SUPPORTING THE SCHOOL COMMUNITY DURING THE COVID-19 PANDEMIC

Alameda County's School Health Centers were directly impacted by and responsive to the county pandemic response on multiple levels. School Health Centers were actively part of the County Public Health response with information, testing and vaccines.

As a core part of the healthcare safety net system, many health centers remained open for telehealth and/or virtual clinic visits, participated in school-wide laptop and food distribution, and shifted almost entirely to providing virtual health education and youth engagement activities.

Additionally, over 15 Full-Time Equivalent staff were reassigned within their agency to respond to the community COVID-19 testing, vaccine, and contact tracing needs in the neighborhoods most impacted.



## IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.<sup>3</sup>

During the 2020-21 school year:

**7,268** clients made **29,275** visits across the School Health Centers.

**3** out of **5** clients returned for multiple School Health Center visits, demonstrating the value of integrated services.

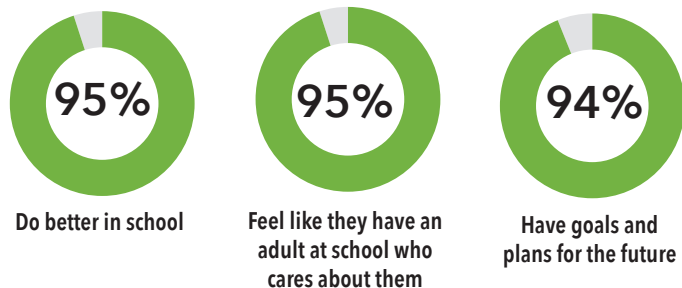


## IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes.<sup>1,2</sup> School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.

School Health Centers users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (50% vs. 42%).

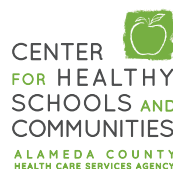
Nearly all clients agreed that the School Health Centers helped them:



## NEARLY ALL CLIENTS AGREE THAT THE SCHOOL HEALTH CENTER...

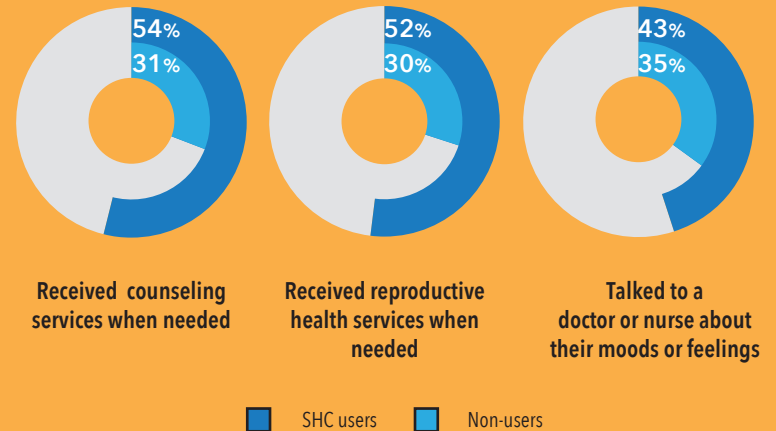
- Helped them learn how to take better care of their health (99%)
- Is a good place to go if they have a problem (98%)
- Is easy to get help from when needed (98%)
- Helped them get healthy food when their families didn't have enough (95%)

The mission of the Center for Healthy Schools and Communities (CHSC) is to foster the academic success, health, and well-being of Alameda County youth by building universal access to high quality support and opportunities in schools and neighborhoods. We envision a county where all young people graduate from high school healthy and ready for college and career.



## IMPACT: INCREASING ACCESS

Clients who used the School Health Centers were more likely than non-users in the same schools to report receiving support in the past year.



## IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.<sup>4</sup> Despite the challenges of the pandemic, in 2020-21 the School Health Centers made the following school community contacts:



<sup>1</sup> Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health.* 2017;52(5):523-532.

<sup>2</sup> Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

<sup>3</sup> Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

<sup>4</sup> Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care.* 2012;42(6):132-158.

**UCSF** Philip R. Lee Institute for Health Policy Studies

This report was produced by the Alameda County Center for Healthy Schools and Communities in partnership with the School Health Services Research & Evaluation Team from the University of California, San Francisco (UCSF). Evaluation Data Sources: Electronic Health Records, California Healthy Kids Survey (CHKS) Core and School Health Center Custom Modules, Client Surveys, Quarterly Reports and Activity Logs.