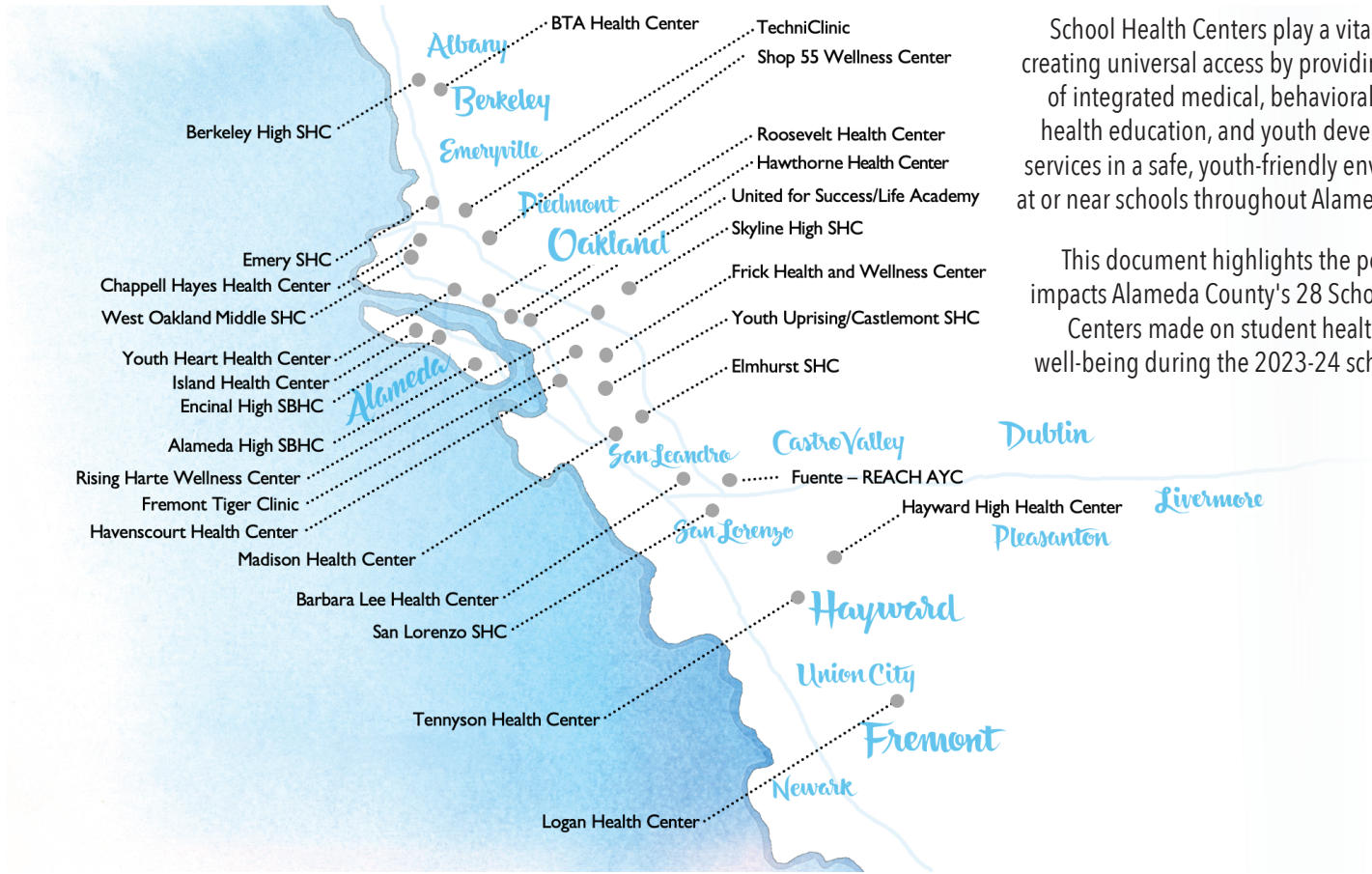


ALAMEDA COUNTY SCHOOL HEALTH CENTERS

2023-24 SCHOOL YEAR BY THE NUMBERS



School Health Centers play a vital role in creating universal access by providing a range of integrated medical, behavioral health, health education, and youth development services in a safe, youth-friendly environment at or near schools throughout Alameda County.

This document highlights the positive impacts Alameda County's 28 School Health Centers made on student health and well-being during the 2023-24 school year.



IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.¹

During the 2023-24 school year:

15,861 clients made **63,091** visits across the 28 School Health Centers.

Nearly **3** out of **5** clients returned for multiple School Health Center visits, demonstrating the value of integrated services.



SERVICES OFFERED

Mental health counseling and case management

Medical condition diagnosis and treatment

Dental screening and treatment

Health education on nutrition, sexual health, and substance use prevention

Youth development and leadership programs

"I'm very grateful to have somewhere to go to when I need help whether it's with food, mental health, or physical health."

-School Health Center Client

NUMBER OF VISITS TO SCHOOL HEALTH CENTERS

28,313
Medical visits

24,529
Behavioral health visits

10,249
Dental visits

"Very glad we have an on campus health center to aid teens going through anything such as helping them with personal health issues when they don't have any other resources."

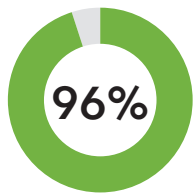
-School Health Center Client

IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes.^{2,3} School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.

School Health Center users were more likely than non-users to report they talked to a doctor, nurse, or counselor about how school is going in the past year (44% vs. 33%).

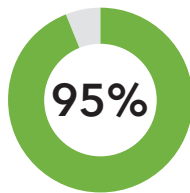
Nearly all clients agreed that the School Health Centers helped them:



Feel like they have an adult at school who cares about them



Want to do better in school



Have goals and plans for the future

NEARLY ALL CLIENTS AGREE THAT THE SCHOOL HEALTH CENTER...

- Encourages students to take care of their mental health (98%)
- Is easy to get help from when needed (98%)
- Helped them learn how to take better care of their health (98%)
- Is a place they would tell a friend to go if they needed help (97%)
- Helped them deal with stress/anxiety better (95%)

School Health Evaluation and Research

Alameda County Health
Healthy Schools and Communities

UCSF

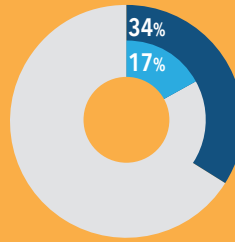
University of California
San Francisco

The mission of the Healthy Schools and Communities (HSC) is to foster the academic success, health, and well-being of Alameda County youth by building universal access to high quality support and opportunities in schools and neighborhoods. We envision a county where all young people graduate from high school healthy and ready for college and career.

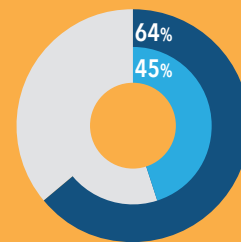
IMPACT: INCREASING ACCESS

Clients who used the School Health Centers were more likely than non-users in the same schools to report receiving support in the past year.

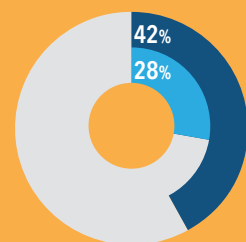
■ School Health Center users ■ Non-users



Talked to a doctor, nurse, or counselor about their moods or feelings



Received reproductive health services when needed



Received counseling services when needed

Source: California Healthy Kids Survey (CHKS)

IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.⁴ The School Health Centers made the following school community contacts:

31,621
FIRST AID CONTACTS
(INCLUDES SUPPLIES)

21,765
HEALTH FAIR/
OUTREACH CONTACTS

15,999
CLASSROOM HEALTH
EDUCATION CONTACTS

8,965
YOUTH DEVELOPMENT CONTACTS

818
PARENT WORKSHOP
CONTACTS

695
BEHAVIORAL HEALTH GROUP
CONTACTS (NOT THERAPY)

483
SCHOOL STAFF
WORKSHOP CONTACTS

¹ Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

² Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health.* 2017;52(5):523-532.

³ Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

⁴ Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care.* 2012;42(6):132-158.

This report was produced by the Alameda County Healthy Schools and Communities in partnership with the School Health Evaluation & Research Team from the University of California, San Francisco (UCSF). <https://schoolhealthresearch.ucsf.edu>.

Evaluation Data Sources: Electronic Health Records, California Healthy Kids Survey (CHKS) Core and School Health Center Custom Modules (2022-23), Client Surveys, Quarterly Reports, and School Health Center Health Services Forms.